



Educational Power Point Introduction

Welcome Everyone:

The following is joint educational project by the Ohio High School Athletic Association (OHSAA) and the Ohio Wrestling Official's Association (OWOA) to provide basic educational information to our new parents & their youth wrestlers along with the thousands of other interested spectators around the state. We want everyone to understand and enjoy the world's oldest sport. The following twelve (12) power point presentations are aimed to give everyone a beginners understanding of this great sport and to appreciate the hours of training and hard work it takes to be a wrestler. Some are as short as three (3) slides and range to thirteen (13) slides.

Please allow your presenter the time to explain the material in a continuous fashion. Save your questions for the end of each power point he/she presents.

Your presenter is an experienced OHSAA certified wrestling official.

Thank you to the twelve authors of each presentation, Rack Baker for edits and Steve Long for graphics and illustrations.

Please enjoy the programs!

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