

An illustration of two wrestlers in a stalemate position. The wrestler on top is wearing a black singlet and a black headgear with a white chin strap. The wrestler on the bottom is wearing a white singlet with orange and black stripes on the sides and an orange headgear. They are both in a low, three-point stance on a white mat. A dark brown horizontal bar is overlaid across the middle of the image, containing the text "# 4 Stalling, Stalemate and Fleeing".

4 Stalling, Stalemate and Fleeing



Stalling

- Webster defines stalling as:
“to employ delaying tactics against”
- Wrestlers are expected to
 - wrestle aggressively
 - regardless of time,
 - score
 - position on the mat.



What constitutes stalling?

- Repeated action or non-action to keep opponent from scoring.
- No attempt to improve their position
- Playing the edge
- Delaying a match
- Holding
- Blocking
- Backing



How to eliminate stalling What is the official looking for?

- Neutral (standing) position-staying in the 10' circle, changing levels, creating angles, wrestling aggressively and initiating action to score a takedown. **Lack of effort to contact.**
- Offensive (top position)-attempt to score near fall points or a fall by turning opponent.
- Continually changing positions to turn opponent
- Defensive (bottom position)-working aggressively to escape or reverse their opponent



Stalemate situations

- **Stalemate situations occur when neither wrestler can improve their position**
 - May not put himself in danger of being injured
 - May not put himself in danger of giving up a score
- **Repeated stalemates caused by same wrestler shall be considered stalling.**



Fleeing the Mat

- Fleeing is penalized 1 match point for a technical violation; some forms of fleeing are...
 - Intentionally going out of the wrestling area or
 - Forcing your opponent out of bounds to avoid wrestling or
 - Not allowing the opponent to come back inbounds to wrestle
- Fleeing the mat can occur in any of the three positions (standing, top or bottom)