



## STALLING: Review the Rules January 2, 2019

5-24-1: ... Each wrestler is required to make an honest attempt to stay within the 10-foot and wrestle aggressively, regardless of position or the time or score of the match. Action is to be maintained throughout the match by the contestants wrestling aggressively whether in the top, bottom or neutral positions, and both contestants are equally responsible for initiating action ...

5-24-2: ... When the referee recognizes stalling occurring at any time and in any position, the offender shall be warned and thereafter penalized when stalling recurs. These provisions require the referee to penalize stalling without hesitation ...

5-24-3:a. It is stalling in the neutral position when a wrestler continuously avoids contact with the opponent;

5-24-3:b. It is stalling in the neutral position when a wrestler plays the edge of the mat;

5-24-3:c. It is stalling in the neutral position when a wrestler prevents the opponent from returning or remaining inbounds;

5-24-3:d. It is stalling in the neutral position when a wrestler is not attempting to secure a takedown;

5-24-3:e. It is stalling in the neutral position when a wrestler backs off the mat, out of bounds; or

5-24-3:f. It is stalling in the neutral position when a wrestler pushes or pulls their opponent out of bounds.

5-24-4: ... It is stalling when the wrestler in the advantage position:

a. does not wrestle aggressively and attempt to secure a fall ...; or

b. legally holds the heel to the buttocks while the defensive wrestler is broken down on the mat for more than five seconds; or

c. holding an opponent's leg with the use of two hands on one leg in action not designed to break the opponent down, or is for the purpose of securing a fall, or is to prevent an escape or reversal is stalling. Repeated grasping or holding the leg(s) with both hands or arms is stalling

5-24-5: ... When a defensive wrestler refuses to aggressively attempt escapes or reversals, it is stalling.

5-24-6 a. It is stalling when either wrestler repeatedly grasps or interlocks around one leg of the opponent to prevent scoring; or

5-24-6 b. It is stalling when either wrestler delays the match including straggling back from out of bounds; adjusting equipment; or

5-24-6 c. It is stalling when either wrestler repeatedly creates a stalemate situation to prevent scoring.

**Be Professional \* Polite \* Prompt \* Direct \* Decisive**